

FACT SHEET

Digital Employment Wellbeing Trial

Joblife Employment has partnered with The Better Health Generation to bring you a customised version of the YourHealth+ Work application.

You have been selected to be a part of a trial of this technology application and we look forward to working with you to customise a tool that will support you on your employment journey.

What is YourHealth+ Work?

YourHealth+ Work is an all-in-one digital health solution that allows you to measure, monitor and enhance your wellbeing while supporting you to secure, and stay in work.

YourHealth+ Work is powered by The Better Health Generation (TBHG), an international organisation of thought-leading mental and physical allied health professionals connected by their commitment to care and quality.

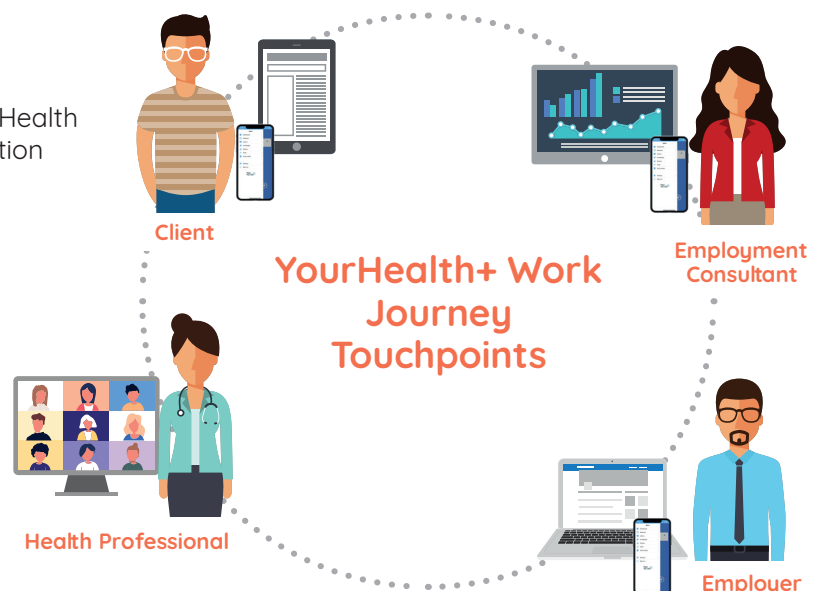
YourHealth+ Work is easily customised to your circumstances with the option of self-directed support.

Support along the way

YourHealth+ Work is there to support you on your journey. See the touch points of where it can help improve your experience and outcomes.

How can YourHealth+ Work help you?

- + Improving your wellbeing from the comfort of your own home
- + Ability to support and track your work performance
- + Access to support from health professionals
- + Ability to set up regular tracking
- + A customised mentoring dashboard
- + Learn new skills from a library of mental health and wellbeing tools
- + Individual user app



To find out more about the trial program or to ask questions contact us in the following ways:

- 🗨️ Speak to your employment consultant
- ✉️ Email contact@joblifeemployment.com.au